

**FINAL Timetable**

<b>Track</b>			
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Nos</b>
	11.00	75m	Pools 5, 6
	11.25	4 x 100m Relay	Pools 7, 8
	11.50	75m	Pools 1, 2
	12.15	4 x 100m Relay	Pools 3, 4
<b>LUNCH</b>			
	13.20	75m	Pools 7, 8
	13.45	4 x 100m Relay	Pools 1, 2
	14.10	75m	Pools 3, 4
	14.35	4 x 100m Relay	Pools 5, 6

<b>Field</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Pools</b>	<b>Location</b>
	11.00	Long Jump	1	LJ1
	11.00	Long Jump	2	LJ2
	11.00	Javelin	3	JT2
	11.00	Javelin	4	JT1
	11.50	Long Jump	5	LJ1
	11.50	Long Jump	6	LJ2
	11.50	Javelin	7	JT2
	11.50	Javelin	8	JT1
<b>LUNCH</b>				
	13.20	Long Jump	3	LJ1
	13.20	Long Jump	4	LJ2
	13.20	Javelin	5	JT2
	13.20	Javelin	6	JT1
	14.10	Long Jump	7	LJ1
	14.10	Long Jump	8	LJ2
	14.10	Javelin	1	JT2
	14.10	Javelin	2	JT1

**Warm Up Long Jump / Javelin - 1 Warm Up**

